# Tennessee FCCLA Chapter Chatters Fall 2008

### Lincoln County Does It Again!



They provided a great training session for Fall Leadership Camp. Pictured (above left to right) are: Breanna Clark, Callie Arrington, Jessica Woods, Renea Thomas, Whitney Rogers, Melanie Singleton, and Meredith Thomas.

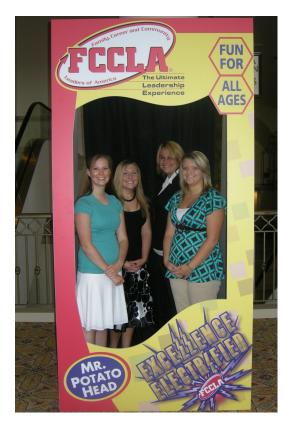
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### Orlando here we are...

In order to attend National Leadership Meeting Campbell County High FCCLA under the leadership of Mrs.

Nancy Rutherford (recipient of the Tennessee "Spirit of Advising" Award) completed a "picture story" of their year in FCCLA/FACS to present to local industries and individuals to secure additional funding for travel to our National Conference. Those attending with Ms. Rutherford were Hollie Johnson, Brittany Miler, Whitley Shears, and April Smith. (Pictured at right)

Tennessee was represented by 150+
delegates at our National Leadership
Meeting in Orlando in June. Among
our STAR Event participants was
the Lincoln County FCCLA
Parliamentary Procedure Team.
This team repeated their
"WINNING GOLD WAYS" at
District, State and National! In
addition they were the overall top
scoring Parli-Pro Team in the Nation.
This talented group of young leaders
is coached by Mrs. Renea Thomas.



# 50 Layers of FUN!!!



During September, students at Smyrna High School FCCLA/Culinary Arts prepared wedding cakes for the 50<sup>th</sup> Anniversary Celebration of principal, Mr. Robert Raikes. The Celebration was held at the Friday night football game on September 19<sup>th</sup>. Halftime was dedicated to Mr. Raikes with a special performance by SHS Marching Band, special banners designed by Mrs. Church's art classes, free ice cream donated by Purity and the five tall weddings cakes

by Culinary Arts. The students designed the five tall weddings cakes to total 50 layers that would represent his 50 years of service to Smyrna High School. The cakes were auctioned and raised over \$300.00 for the Culinary Program. The students in Mrs. Sandlin's two-hour class learned how to roll fondant, make fondant decorations, stack cakes, and techniques to cover the cakes correctly. Amy Richardson, a local Pastry Chef from The Bake Shoppe and "A Catered Affair" volunteered her time to teach the foundations of how to make a professional cake.





### Tennessee FCCLA Chapter Focus...Karns High...

Advisers: Courtney Thompson, Elizabeth Zouldessy, Heather Wade

Members put on the Full Court Press to Raise Awareness of Premature Births



The Karns High School chapter of Family, Career and Community Leaders of America (FCCLA) recently participated in a weekend service project held November 8. Hoops for Preemies was a fundraising event that raised \$1500 for the Neonatal Intensive Care Units at The University of Tennessee Medical Center. Twenty-five FCCLA members volunteered in a variety of areas including concession stand sales, t-shirt sales, and donation tables.

Saturday's agenda included eight pre-season scrimmages of various high school varsity teams. Seth and Millicent Smith's daughter, Shelby Zoe Smith was honored at Saturday's event. As a preemie born two months early, she has now



reached the developmental benchmarks of children her same age.

Alyssa Sweet, a senior FCCLA member, is preparing several mini chapter service projects associated with educating individuals about premature births. She previously visited the neonatal units at Children's Hospital and is currently organizing a trip that would allow chapter members to visit the neonatal units at UT. She is also planning to work with the March of Dimes to organize a fundraising event and participate in the March of Dimes walk in April.

# KHS FCCLA Members Put on the Full Court Press to Raise Awareness of Premature Births

Karns FCCLA members are currently working on another service project to benefit Children's Hospital. This year's theme for our Christmas tree is "A Pirate's Life for Me!" KHS FCCLA will also send approximately 25 students to volunteer at this year's event.

Senior Emily Keefer is collaborating with freshmen Taylor Greene and Hannah Kirby to develop our big recruitment meeting for spring semester. This meeting will focus on our chapter's goal of recruiting new freshman to join FCCLA. Going along with our theme of "FCCLA: Your Passport to the World", students will travel the world as they work through FCCLA's Step One project, an introduction to all components related to FCCLA. Potential members will be greeted by veteran FCCLA members acting as travel agents. They will be given their charted course down Leadership Lane and will embark on their travels.

Last summer FCCLA members did travel the world as Julie Murrell journeyed to Japan to participate in the FCCLA Japanese Exchange Program. Julie's experiences abroad will benefit others this year as she focuses on a FCCLA National Program Families First. She is developing her service project that will focus on teaching children diversity and tolerance. Julie is planning a KHS Family Night which will take place on January 20, 2009 and include an international potluck dinner. You may contact our department for more information regarding this event.

Audrey Woodby, a freshman at Karns, is organizing a project focused on literacy. She has planned many events that focus on helping children learn and love to read. One of the highlights of her project is a collaboration effort with Barnes and Noble to establish a Family Resource Library in our school's library. Barnes and Noble managers have chosen several books concentrating on popular teen issues, tips on parenting teens, and positive guidance and discipline techniques. This resource will benefit the parents and students of our school.

Our chapter is excited to announce we currently have 18 STAR Events participants in progress which plan to compete on February 10, 2008 at Carson Newman College in Jefferson City, TN. Good luck to all of our competitors! Shannon Rysak is organizing a career exploration project, Becca Freels is leading her chapter in the Creed event, Madelyn Grimes is conducting a Student Body project focusing on digestion, and Lauren Bonee is planning a festive event. KHS FCCLA also has 63 Power of One completers so far! We hope that all of our members help contribute to the positive track record that Karns High has previously set.

Last summer, Rachael Hawkins and Katie Price traveled to the FCCLA National Leadership Meeting in Orlando, Florida. They competed in the Entrepreneurship event which required them to create a business plan for a small business which they called J'Adore Desserts. The girls displayed all of the components of their plan using a portfolio, visual display boards and an oral presentation. They placed first place in the nation and received numerous scholarships for their accomplishment. KHS is proud to recognize these two young ladies and their achievements.

In August our chapter was recognized at the Tennessee Valley Fair. We placed  $1^{st}$  place in the Bulletin Board contest and  $4^{th}$  place in Table Setting Display. Kacy Adkins placed  $7^{th}$  place in the Interior Design Sample Board contest.

# Leadership Camp 2008—Camp Clement

If we had ordered the weather and the personalities in attendance, we could not have done a better job than what we got! Beautiful on all counts! The Caney Fork is always beautiful...fall foliage, full moon at camp fire, happy campers, no injuries, no accidents...a good time was had by all!











### Tia's Talk...

Hey everyone! I am Tia Crabtree, your Tennessee President. The state officers and I went to Washington D.C. September 25-28 for USA Leadership Training Phase II. We had the opportunity to meet Congressman Lincoln Davis on this trip. The five of us explained to Congressman Davis the importance of FCCLA for our youth today and thanked him for his continued support of Carl Perkins funding. Without Perkins funding our organization would not exist. Congressman Davis's administrative assistant took us on a tour through the Capital Building. That was a great experience. During our free time, we took the subway to the Smithsonian Museums for a few hours. At the USA Leadership Training, we met FCCLA state officers from across the country. Together we learned how to dress

professionally, conduct a workshop properly, and learned ways to promote membership. Our trip was filled with exciting, new experiences for everyone. We were even able to see the Washington Monument, Jefferson Memorial, and the White House. Overall this is an experience we will never forget. -Tia



## Travon's Thoughts

The leadership conference was such an experience for me. I've gained so many skills that will benefit me for years to come. The trainings were so educational and yet fun at the same time. My favorite workshop was the battle of the sex's. Where the girls and boys were separated and we learned how to present ourselves also how to dress at different Occasions. The battle of the sex's workshops also gave me good ideas on how to conduct my concern workshop at leadership camp coming up. Camp is coming up very soon and I'm very excited about it. I have so many plans and games along with the other state officers to share with the Tennessee delegation. I will share my presentation that I've been working on with you guys. My concern is

reflection/image I will be basically talking about how we as youth present ourselves and how we

can improve ourselves in different areas.

Remember "A first impression is an everlasting impression." Travon

### Jesica's Jive

Hey FCCLA Tennessee!! I hope each and every one of our growing chapters is doing well. Just to keep you informed, this past September your Tennessee State Officers traveled to Washington D.C. for the Leadership Training Phase Two. (Phase one was in Orlando) It was a very exciting and an awesome experience. The flight there



was pleasant and everyone was eager to get to our training. We wasted no time, as soon as we hit the ground we started running. When we shot out of the airport we notices the huge weather difference of Tennessee and D.C., it was rainy and burr cold! We learned very quickly to hide our pedicures (excluding Travon of course!) and have warm feet. We did some touring, and saw some historical and fascinating sites.

After a little fun was done, we got down to business! Each and every state officer and our advisers were like sponges and we absorbed so much information. We learned so much more about being a good state officer, becoming the ultimate leader, and how everyone makes a difference to FCCLA at the national level. We also met all the other state officers from all different states and we networked with them to stay in touch. We then learned about out nation's congress and even had a met with our very own Tennessee congressman Lincoln Davis! We educated him on what our organization is and expressed to him the importance of FCCLA to our students not only in Tennessee but, all across this nation. We also encouraged him to help keep supporting our funds for Career Technical Education, because without it there would be no FCCLA. We then thanked him for his support on the Perkins Foundation and left him with some of our Tennessee love.

My most favorite part of our training was the Feed The Children project. At a local church in D.C. we helped unload two Feed the Children trucks and gave them to the needy residents. We got to personally deliver boxes to people and that first hand experience was like no other. Watching the Feed the Children commercial on TV and giving your credit card number over the phone, does not do it justice. We sang inspirational songs as we unloaded the boxes, hand to hand using our leadership skills to make a difference and touch so many people's lives. It was a moment to always remember.

The trip over all was fantastic! Even though it was cold and wet that did not stop all state and national officers from painting Washington D.C. red! All of our state officers though the leadership training has brought back home more knowledge about our organization, to be used for our state. Hope every one who attended camp enjoyed it and look forward to see you soon! Oh by the way, look out for the next Teen Times! All FCCLA state and national officers are pictured in from of the Capital see if you can spot us!

State Reporter
Jesica Skipper

### Samantha's Scoop

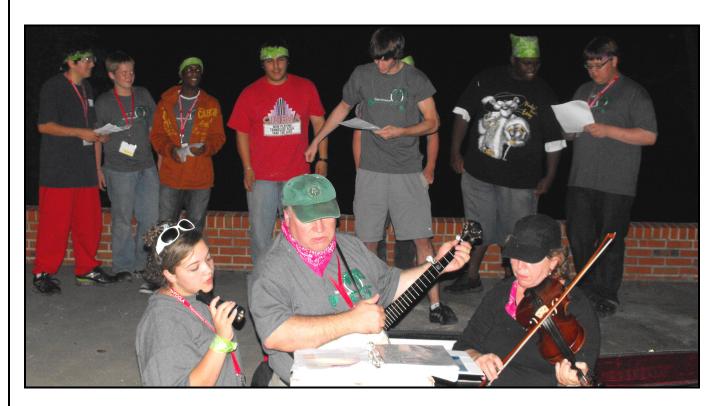
Hello Tennessee FCCLA! I'm back again to tell everyone about what a great time we had at Leadership Training in Washington D.C. last week!! We started our weekend out on Thursday with a little sightseeing at the Smithsonian, and then we headed back to the hotel to have our opening dinner. We were reintroduced to our family groups from Phase 1 at Nationals. I and the other Tennessee state officers met a lot of great people from all over the country and they have become lifelong friends!! We started out on the Metro (a first for many of us) on Thursday, as we traveled to the House of Representatives, to meet with our TN representative The Honorable Lincoln Davis. But first we got a tour of the Capitol; it was one of



the most beautiful sights that I visited the whole weekend! Then we came back to the offices and briefly met with Davis, it was an honor, but our meeting was cut short as he is on the financial team and had to go met about out recent economic crisis. But we did talk with his assistant to talk about the importance of the Carl Perkins Funding to our leadership organization as well as others. After our brush with greatness we headed to Union Station for some lunch. Then we all got together and had our picture taken in front of the Capitol. On to our next event, we are currently partnered with Feed the Children, so while in D.C. we helped out. We met at an area church and unloaded tons of food, hygiene products, and bottled water,

and filled up cars, trucks and trailers to spread to other churches. We were on the verge of revival as one of the hosts' church members belted out a beautiful song about how blessed we really are, and then the FCCLA officers joined in on Amazing Grace. The singing continued throughout the entire event...it was nothing short of amazing. It was my personal favorite. On to Georgetown, we shopped and ate till we dropped and then loaded up the buses for a late night tour of the Jefferson Memorial. Saturday we got down to business, working to become ultimate state officers. We learned how round tables work and about FCCLA's upcoming 65th anniversary, new changes to STAR events, and some awesome fundraisers. Then we learned about the proper Etiquette at the table and in business and attended the annual Etiquette dinner. Wow I have so much more to say, but I can't fit it all in a couple of paragraphs. I learned so much about being a leader and helpful tips to make it in the business world. I am so thankful that I had the opportunity attend U.S.A Leadership Phase 2. God Bless TN FCCLAI

-Samantha Sutherland Historian



Special Thanks to Ms. Mary Ann Fields and her husband Mr. Greg Fields for sharing their talents at our campfire.

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